



Lady Lumley's School Newsletter

10th November 2017 Issue Number 393



Dear Parents, Carers and Friends

Lorraine Phippen, James Ambrose and I went to the ROOSE (Ryedale Out of School Education) presentation evening of examination certificates on Thursday this week. It was a lovely occasion and celebrated the work of the students and the staff at ROOSE. Sarah Jowett, who is head of the centre, led the celebration and Mr Williams (headteacher of Malton School) and I presented the certificates to each of our students. It was a privilege to see how much ROOSE had helped the young people and a pleasure to hand out certificates to past students **James Findley, Liam Jones, Molly Thompson** and to **Jake Smith's** parents. ROOSE is supported by all four local secondary schools and does an excellent job of educating students who find working in mainstream settings difficult.

Governor News - The school Governing Body met last night (Thursday) with an emphasis on the school's resources. Governors discussed the school's budget forecasts for the next 5 years (generally OK but tight!) and the possible impact of the new National Funding Formula on the money allocated to the school.

Lady Lumley's Educational Foundation - The governors of LLEF met on Wednesday this week for their annual general meeting. Mr Craig Cooper was re-elected as chairman and the governors were pleased that six past and present students had requested grants from the foundation. Any student of Lady Lumley's School (and past students up to the age of 25) can ask the foundation for support with sporting, educational or training related costs. I have written about this in previous Newsletters and I will be happy to advise students if they want to find out more details. Richard Bramley

Year 12 Young Enterprise - Cosy Candles

As our enrichment choice, a group of eight Year 12 students are setting up a business for Young Enterprise, which is a UK charity which empowers young people to harness their personal and business skills offering training for being prepared to run a business when they are older. Young Enterprise is a competition which focuses upon creating a business with a new product which aims to make a profit. As our product we have decided to manufacture scented candles and to make it unique to our business, we are using locally sourced teacups and jam jars to support our local community. We are planning to sell our products at local fairs including the Christmas music concert at Lady Lumley's on the 14th December and we would really appreciate it if parents and carers would take a minute to pay us a visit. Any donations of jam jars and teacups would be very much appreciated, please hand them into reception. Hester Hardy and Mollie Ford

Parents' Forum

Our first meeting of the year will be on **Tuesday 21st November at 6:30-7:30 p.m.** in the Sixth Form Common Room (report to the school reception). The meeting will be led by the Pickering Community Policing Team and will focus on online safety. This week in school our Year 7 and 8 students have attended sessions led by the team and they have been finding out how to stay safe online.

The parents' forum meeting will be an opportunity to hear what the students have been told, but also provide some ideas and advice about your role as a parent. All parents and carers are welcome. If you would like anymore information please contact Brian Davis via the school reception or by email: bdavis@ladylumleys.net.

Sixth Form Personal Development Programme

As we continue to develop sixth form provision - in particular responding to student voice regarding the personal and social development of our young adults - we have changed the delivery of our personal development this year (an important part of our 'non-qualification' responsibility).

Students have gained some additional study time across their timetable and we have tried to offer greater breadth and richness to our 'clubs and societies'. Following presentations from staff at a 'fresher's style fair, sixth form students have opted in to a range of activities including: various options in sport including access to the fitness suite; work experience; yoga; art club; Duke of Edinburgh and outdoor pursuits; Young Enterprise; World cinema, society and culture; knitting and crafts; board games and music! Here is a flavour of two of the new options available to our students...

The Competitive Edge - Wednesday witnessed the tense, nail-biting, high-stakes engagement of the first meeting of the Sixth Form *Board Games Club* which commenced in a friendly and good-natured gaming atmosphere, but quickly developed into a winner-takes all competitive arena where friendships – and even relationships – were tested to the very limits. A highly competitive group of Year 12 and Year 13 students engaged in battles of cognitive, artistic, and intellectual skill and stamina testing historical knowledge, linguistic sleight-of-hand, and quick reflexes in a fight to the death. The survivors are already gearing up for Round 2.



Namaste - The Sixth-form is now in a great position of offering enrichment on a Wednesday afternoon. One of the options is Yoga Nidra which was delivered in the common room on Wednesday. Yoga Nidra or yogic sleep is a meditative practice that brings you into a state of deep relaxation and then allows you to become increasingly aware of your body and inner world. Those who practice will likely experience themselves in a level of consciousness somewhere between wakefulness and sleeping. They may also drift in an out of the sleep, but that is normal and perfectly fine. The purpose of this option is to support students to manage stress and give them techniques that they can take away to aid better health and sleep. A brave sixteen students signed up (14 female and 2 male) and attended the first session. Whilst this was new and unusual to them, they all focused extremely well, albeit with the stiff backs to contend with afterwards. Thank you for all the students who attended and for your focus. All will feel the benefit of this practice more as the weeks go on. This is just the beginning! James Ambrose, Head of Sixth Form



Sixth Form: Progression Routes – some reminders

'Apply' is the secure UCAS web-based application system for students who wish to apply to university. Students can use Apply anywhere that has internet access. They can rework and resave details on their application as often as necessary, before submitting the final version to myself as Head of Sixth Form. It is then possible for the sixth form team to refer an application back to a student for correction where necessary, prior to submitting the application to UCAS. Please note that the form tutor will spend some time carefully checking the personal details, additional information, student finance, choices and education sections of the application with your son/daughter; however, **ultimate responsibility for checking the accuracy of these details lies with the students themselves**. In particular, please check the choices section for correct course and institution codes, and the education section for correct details of qualifications. Students are advised to include their unit grades for their AS qualifications. Each tutor then crafts a reference for their tutees, using information provided by teaching staff and any other relevant staff requested by your son/daughter.

Visit <https://wwwucas.com/> for up-to-date information about the application process, support for parents, student finance, etc. Please note that any information I receive regarding modern apprenticeships is sent via email to each Sixth Form tutor in order to target any student not wishing to attend university. James Ambrose, Head of Sixth Form

Duke of Edinburgh's Award - Bronze and Gold

We are really pleased to have started Year 12 and Year 10 Duke of Edinburgh's Award. This is an excellent opportunity for students to achieve a highly respected and valuable award. Students have been given registration letters and I would like to explain what is required from parents and carers.

The Duke of Edinburgh's Award is a three way process between students, parents and the staff from school who volunteer their time for the Award. On the registration form I have asked parents and carers to spend time with their child discussing what the students plan to do for the DofE Award and have given a link to the DofE website for further information. I would like the completed registration form to have details about what your child plans to do for the physical, skill and volunteering sections of the Award. By doing this, we can ensure that your child's Duke of Edinburgh's Award is well planned and that they have the highest chance of completing it.

Duke of Edinburgh's Award - Silver

I would like to meet students in **LA1 at 13.15 on Monday 13th November**. This is the chance for students to sign up for the Silver Award. If you started Bronze with us, this must be fully completed in order to progress to Silver.

Duke of Edinburgh's Award - former students

I was absolutely delighted to learn this week that former students **Holly Dunnett, Luke Dixon and Oliver Fearn** have been invited to St James Palace in January 2018 to receive their Gold Duke of Edinburgh's Award. The students started their DofE journey with us in Year 10 and completed Bronze, Silver and Gold. They will be presented their Duke of Edinburgh's Award from a member of the Royal Family and a celebrity guest. Well done to all three!

Bewerley Park 2018

Thank you for signing up to Bewerley Park so promptly. I have pleasure informing you that all students that have applied for a place on the trip have been successful and will be joining us in July for an action packed week. I shall be writing to you shortly with more information about the trip and payment details.

Dave Mann, Head of Outdoor Education

Mountain Bike Club

Over the past few weeks there have been a series of after school mountain bike sessions for students at school. The sessions have focused on developing the skills of night riding, which is essentially mountain biking in the pitch black in the forest. It's a fantastic way to improve your biking skills and the forest at night is such an inspiring place. The club has members from Year 7 to 11 and we have been really impressed by the leadership of our Year 10 and 11 students. Watch out for future night riding sessions and big thanks to Mr Reynolds and Miss Heyes for helping me out with the sessions. Dave Mann.



Netball Report - On Thursday the 2nd of November, the Year 8 netball team went to Eskdale School to compete in the Netball District Tournament. Over all Lady Lumley's came 3rd, winning two, losing one. Fortunately we were able to play in the semi-finals, but lost 4-9. It was a great experience, enjoyed by all. Well played girls. Izzy Hutchinson and Katie Fletcher-Varey.

Word of the Week - Narcotic. According to Dictionary.com narcotics are any of a group of drugs, such as heroin, morphine, and pethidine, that produce numbness and stupor. They are used as medicines to relieve pain but are sometimes also taken as recreational drugs. Narcotics are addictive and their use is almost certainly harmful. The word narcotic has also come to mean any illegal drug, although this is sloppy use of language as there are many classes of drugs, some of which have the opposite effect to narcotics. The word narcotic probably comes from the Greek word narke, meaning numbness or stupor. The plant, narcissus, gets its name from the sedative (calming) effect of chemicals in the plant. The disease narcolepsy (where the person suffering will suddenly fall into a deep sleep) gets its name from the same root.

Drama News - House Drama rehearsals continue. Tickets will go on sale in December- the performances will be on Monday 18th and Tuesday 19th December. Two Houses will perform each night - watch this space to find out who is performing when.

We had the first round of Peter Pan Auditions on Thursday after school; the rest are next Thursday. It's not too late to sign up! See the Drama noticeboard on the link corridor.

IMPORTANT DATES

Monday 13th November

Y12/13 Art Trip, Hull City of Culture 2017
Y9 'Future Engineers' Trip, National Railway Museum

Tuesday 14th November

Y12/13 UKMT Senior Maths Team Challenge, Fulford

Wednesday 15th November

Opportunity Knocks Event

Thursday 16th November

Y12 Geography Fieldwork, Northallerton
Y11 Prizegiving (current Y12) 7pm

Upcoming Events...

21st November - Parents Forum
22nd November - Y12 Prizegiving (current Y13) L3
23rd November - Sixth Form Open Evening 6.45pm
7th December - Y9 Consultation Evening 4.30pm