



# Lady Lumley's School Newsletter

5th June 2015 Issue Number 300



Dear Parents, Carers and Friends

I wrote a short article in March about learning techniques after reading a newly published document based on extensive research on what makes learning effective. I also shared the findings with students in assemblies at the time. Having watched Year 11 students revising for their GCSE examination recently, I noticed how many students fell back on reliance on familiar techniques which we now know not to be as effective as others. There is no doubt that some methods of learning are more effective than others so I am devoting this part of the Newsletter to share this with parents, carers and students.

In the research, 6 psychologists researched hundreds of scientific studies and found there were 10 common techniques to help learn new material. Of these 10 techniques, five were found to be used extensively but were not very effective, whereas two other techniques were very effective. The researchers, not surprisingly, **strongly recommended that students and teachers use the effective ones!**

Three of the techniques used a lot by students which were not very effective in helping to learn were re-reading, highlighting/underlining and summarising. What does work is practice testing and distributed practice.

Practice testing is, as the name implies, testing your own knowledge and understanding. You can do this with tests or quizzes that students can do on their own. Distributed practice is the opposite of cramming, i.e. spreading out the study rather than doing it all at one time. I will return to this topic as it is so important and there will be more on the school's website very soon. Richard Bramley

## Emma Clapton and Bronwen Owen - Latest Success

In the Yorkshire Track and Field Championships, Emma ran a splendid personal best time of 4 minutes 39 seconds to win the gold medal in the Under 17 Women's final.

Bronwen finished as the runner up behind the reigning British Junior Duathlon Champion Kate Waugh, at a British Junior Triathlon Gateway event which was held at Llanelli. The results will decide which athletes will be considered for the European Cup and Championships in September. Over the weekend, Bronwen has been selected for the Junior European Triathlon Championships. Congratulations to both girls.

## Year 8 Cricket

Lady Lumley's Year 8 cricket team had a successful day as they were crowned champions of the Scarborough & District 6-a-side tournament. Lady Lumley's School were undefeated and finished first in the group stages. The final competitors were Eskdale School. Lady Lumley's School won the toss and chose to bowl. Eskdale School scored a very competitive 57 from 5 overs. However, opening batsmen **Adam Eustace** and **Tommy Wright** both scored their runs quickly, meaning they had to retire, which left **James Boyes** an easy job of chasing down the final two runs with three balls remaining. Congratulations lads and well done to all other schools who took part.

## Year 8 Examinations

Year 8 examinations will take place during the week beginning 22nd June. The students had an assembly about this yesterday when they were given an information booklet and revision guide which explains everything in detail. I also stressed to them that, although the examinations are important and they should prepare for them, there is no need to become worried about them. They are simply another piece of information to build up a picture of progress made throughout the year. Please have a look through the guide with your son/daughter. Kathy Robson

## Supporting Students

This year we have been looking at handwriting across the school. As part of this focus we are setting up Speed Up for a group of students. This programme supports the physical aspect of handwriting and aims to increase speed and fluency. This programme will start next week and last until the end of term. We are also running targeted sessions on Inference Training for a number of students. This is aimed at improving comprehension of texts. Training has been delivered to all staff as this is a strategy that can be used in the classroom to increase understanding of the topics being studied.

If you have any questions or would like to have more information about Speed Up and Inference Training please don't hesitate to get in touch.

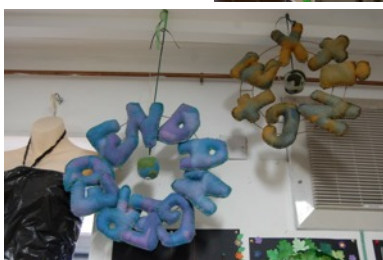
Lesanne Davison

## Work Experience

We are now down to the final few students who have been unable to secure a place. As the deadline for health & safety checks has expired we will be booking the remaining students into places where a health & safety check is already in place. If any parents have any questions about this, please contact me at school.

Lorraine Phippen

**Lady Lumley's Annual Art & Photography Exhibition  
Tuesday 16th June 2015, 5-7pm**



**Adult Learners Week - 15th to 19th June 2015**

Free courses available all week in subjects such as craftwork/art to computing/digital skills. Please contact Ryedale Adult Learning and Skills Office on Tel: 01609 533918 for further details.

**Pickering Teen Take Over - Pickering Library  
Monday 8th June - 4:00-5:30pm**

Teen Take Over is a drop in for young people aged 11-19 years old. Come along and relax in a comfortable and informal atmosphere where you can have a snack, get involved with some fun activities and find out more information about why Pickering Library is your community space too!!

In partnership with North Yorkshire County Council and North Yorkshire Youth.

**Calling all current Year 7 and 8 footballers**

Pickering Town are recruiting new players, both boys and girls, for next season to join the Under 13 and Under 14 teams (next year's Year 8 and 9)

Anyone who is interested is encouraged to contact either Jon Cooper at [jonnycoops@btinternet.com](mailto:jonnycoops@btinternet.com) or see Mr Parker in Learning Support for more information.

**Pickering Town Ladies training sessions**

Pickering Town JFC is currently running training sessions for ladies on Saturday's between 11.15am and 12 noon on the grass field at Lady Lumley's School. The sessions are being run in conjunction with Robbie Hawkes (#hawkeshealth); Robbie is an FA qualified coach, currently plays for Pickering Town and is known for his fun and energetic training sessions. The sessions are aimed at developing basic skills and fitness and all that is required are some appropriate shoes and clothing and a willingness to have fun. The cost is £3 per session payable on the day. For more information please contact Jon Cooper on [07702 646121](tel:07702646121) or email [jonnycoops@btinternet.com](mailto:jonnycoops@btinternet.com).

**Photography Competition**

Are you interested in photography? If so, then this is the competition for you! Pickering Parish Church is asking you to share your photos. Senior (16 and over) and junior (under 16) prizes will be awarded in the following categories: (1) Community, (2) Summer's here, (3) I am....

For more information, and to enter, pick up a form from the back of Church or download from

<http://www.pickeringchurch.com>. The competition closes at midnight on 31st July 2015. Good luck!

**NYCC Local Bus Transport Services Consultation**

The Council are undertaking a countywide consultation relating to Local Bus Transport Services in North Yorkshire. The proposals can be found at

[www.northyorks.gov.uk/bussubsidy](http://www.northyorks.gov.uk/bussubsidy)

The proposals do not affect students who are entitled to free home to school transport. However, some parents may wish to participate in the consultation. Others will need to be aware of the plans so that they can check it does not impact on them if their children use any of the fare paying services which may be affected by these proposals.

Mrs Moseley, School Transport Officer Tel: 01609 780780

**Word of the Week - Preemptive**

**USEFUL CONTACT INFORMATION**

Main School Office: 01751 472846

Attendance Officer: 01751 470065

Finance Office (ParentPay): 01751 470043

Specialist School Nurse: 01751 472652

**IMPORTANT DATES**

**Monday 8th June**

GCSE, AS & A Level exams continue all week

**Wednesday 10th June**

Y6 Induction Day

Y12 Chemistry Master Class, University of York

Y10 6-a-side Cricket, Malton

Y8 & Y9 Cricket, Vs Ryedale, LLS

**Thursday 11th June**

Y6 Induction Day

Y10 Ryedale Skills Summit Trip (4 students)

Y10 Cricket & Tennis, CCW

Y7 & Y8 District Rounders, Graham

**Upcoming Events...**

16th June - Art Exhibition 5-7pm

w/b 22nd June - Y8 Exams

25th June - Sports Day

25th June - Y13 Prom

26th June - Y12 Newcastle/Northumbria University Trip

w/b 29th June - Y7/8 House Matches

w/b 29th June - Y10 Duke of Edinburgh Award

29th June - Y10 Work Experience Prep Day

29th June - Y10 Prizegiving - L3

30th June - Reserve Sports Day

30th June - Sixth Form Taster Day

30th June - Parents' Forum 6:30pm

1st July - Y6 Induction Day

2nd July - Y11 Prom